



Complimentary Wedding Planner

One Year Before...

- ❑ Complete the enclosed "Bridal Party Checklist" and return it to M. Salon and Spa. One of our salon coordinators will contact you to discuss appointment times.
- ❑ Begin collecting photos of make-up, hairstyles and colors you'd like to try.

Six Months Before...

- ❑ Begin a regimen of monthly facials to keep skin blemish-free.
- ❑ Begin a regimen of regular trims and conditioning treatments every 6 weeks (even when growing hair out) to keep hair healthy.
- ❑ If you choose, begin coloring or highlighting your hair regularly. Remember, professionally applied color or highlights are best.
- ❑ Begin a regimen of bi-weekly manicures and monthly pedicures to keep your nails healthy and sculpted.
- ❑ Schedule your Spa Bachelorette Luncheon for two weeks prior to the wedding.
- ❑ Schedule your M. Bride Spa Retreat for the week before the wedding.

Two Months Before...

- ❑ Schedule monthly waxing appointments.

Three Weeks Before...

- ❑ Come in for trial hair and make-up appointments. Bring your headpiece, a photo of your gown, and wear a shirt with a similar neckline.
- ❑ Begin a regimen of weekly Infinity Sun Airbrush Tanning sessions.
- ❑ Purchase travel sized bottles of your favorite hair and skin care products to take on your honeymoon.

Two Weeks Before...

- ❑ Enjoy a relaxing day with the girls at your Spa Bachelorette Luncheon.
- ❑ Come in for your final facial.
- ❑ For baby soft skin, treat yourself to a Salt Glow Body Scrub treatment.

One Week Before...

- ❑ De-stress with your M. Bride Spa Retreat day.
- ❑ Come in for your final haircut, color, manicure, pedicure and waxing appointments.

On Your Wedding Day...

- ❑ Come in with your hair clean and dry – use minimal products, don't curl or flat iron your hair!
- ❑ Wear a button down shirt.
- ❑ Remember to bring your headpiece, veil and accessories with you to the salon.
- ❑ Relax and let us take care of the rest!

